



HOLY SPIRIT & OLPH SCHOOLS **Band Trip to Birch Bay Ranch**



Dear Parents,

Holy Spirit and OLPH Band programs are very pleased to offer a fun and enriching Camp experience for our HS 7-8 and OLPH 8 Band students in September.

On September 26-27th our Junior Bands will have the opportunity to participate in an overnight adventure at Birch Bay Ranch, just 20 minutes southeast of Sherwood Park, Alberta.

The purpose of this trip is to give our second and third year Junior Band students a positive jump-start to the Band year in an atmosphere of friendship and encouragement. Students will be immersed in a band environment and work on music repertoire as well as participate in a number of activities. These activities may include horseback riding, zip-lining, wall climbing, archery, low rope challenges, team building initiatives, and campfire songs! All meals for the trip - except for lunch our first day - are included in the cost and are provided by camp staff. (The camp will be notified of any food allergies. Please make note of these on your permission form.) Students will sleep in dormitory style cabins.

The cost for students will be paid for out of the band student user fees collected for the program. ***There is no additional cost to attend band camp.***

Please return these forms to Mrs. Miller by June 22nd, as we hope to have the paperwork ready to go before school starts in September.

I require some parents to accompany us as chaperones. The exact number of chaperones required will be determined once student numbers have been finalized. Costs for chaperones will be covered. Any parent who wishes to come along in excess of these numbers will be asked to pay costs associated with their stay. We will **definitely** need a **male volunteer** to sleep in the boys' dorm. Please contact Mrs. Miller if you are able to assist. My email is lindam@eics.ab.ca

We are very excited to have our band students attend this field trip. We anticipate it to be a very memorable experience for all. Please view the attached itinerary and list of items students need to bring. If you have any questions or concerns, please contact me at the school.

Sincerely,
Mrs. Miller – Band Teacher

ELEMENTS OF RISK:

All manner of injuries resulting from falling or being thrown from a horse and impacting against obstacles or the ground. All manner of injuries resulting from horse kicking, biting, or following too close. All manner of injuries resulting from loss of control or collisions. All manner of injuries resulting from adverse weather conditions, contact with plants, insects, or animals, my own physical condition or my own acts or omissions. All manner of injuries resulting from the condition of remote roads, trails, waterways, or terrain. Horses, irrespective of their previous behavior and characteristics, may act or react unpredictably based upon instinct, fright, or lack of proper control by rider. All manner of injuries and/or death which may result in the transportation to and from the facility.

Slip/Trip/Fall hazards associated with poor court/field conditions, slippery floor waxes, water or sweat on the court, wet grass, outdoor weather conditions. Injuries resulting from errand arrows, cuts/scrapes from bow, hazards with retrieving arrows, ricochet hazards, horseplay, pinched fingers, punctures. All manner of injuries resulting from the use of apparatus and equipment. All manner of injuries and/or death which may result in the transportation to and from the facility.

All manner of injuries resulting from use of equipment, materials or facilities. All manner of injuries resulting from forces of nature, accident, hazards of participating in outdoor activities and sports including activities and sports taking place on or near water, illness, allergic reactions and all other manner of injury related to the program activities. Weather related risks such as freezing temperatures, high winds, snow, rain, fog, thunderstorms, lightning, sunny/hot conditions. Slip/Trip/Fall hazards such as slippery floors, holes in the fields, older buildings, stairs, water ponds onsite, muddy conditions, wet dock/deck surfaces, change rooms, running, horseplay. All manner of injuries resulting from falling. Cuts and abrasions resulting from contact with obstacles. All manner of injuries resulting in muscular and soft tissue injuries including bruises, scrapes, cuts from collisions with the wall, floor, uneven playing surfaces, contact with other participants. All manner of injuries resulting in dislocations, concussion, whiplash, contusions, sprains, pulled or strained muscles, knee injuries and broken bones. All manner of head, neck, spinal, facial, eye, nose and/or dental injuries. All manner of injuries and/or death which may result in the transportation to and from the facility.

All manner of injuries resulting from rope abrasion, entanglement and other injuries resulting from activities such as climbing, helaying, rappelling, rescue systems and any other rope technique. All manner of injuries resulting from falling. Cuts and abrasions resulting from contact with obstacles. Failure of ropes, slings, harnesses, climbing hardware, anchor points or any other part of the rope course equipment. All manner of head, neck, spinal injuries. All manner of injuries and/or death which may result in the transportation to and from the facility.

All manner of injuries resulting from swinging with the use of cables, harnesses and ropes. All manner of injuries resulting from possible equipment failure and/or malfunction. All manner of injuries resulting from fatigue, chill, and/or dizziness, which may diminish my/our reaction time and increase the risk of accident. Weather related risks such as sunny/hot temperatures (Sunburn), high winds, rain, fog, snow, thunderstorms, lightning. All manner of head, neck, spinal injuries. All manner of injuries and/or death which may result in the transportation to and from the facility.