# Cyber World Presentation
January 27th, 2016

- ISP (Servers) and cell phone providers are required to keep a site log/usage log. Kids need to know that they will be held accountable for their actions.

- What we do online will always be foot printed on the net – kids need to be aware of that

- What you do online is 'real' life. It is no different from face to face actions, nut there seems to be a disconnect to this fact for people especially kids

- Google the top 10 sites for social media for teens and tweens and then Google the parental controls for each site

- Talk to your kids about the fact that videos automatically link to YouTube that have content that's not appropriate for their viewing. Talk to them about how to handle this.

- You also need to consider the constant bombardment that children receive of 'acceptable' things or things that aren't such as sex, smoking, drinking, swearing, etc.  but have become 'normalized'

- Presenter Julie gave an example: She asked grade 2's how many of them played Minecraft and most of them answered that they do. She then asked them how many of them have talked to someone through that game that they don't even know and ½ of them said they had. She then asked them how many of them saw something while playing that game that would make Grandma go 'oh' and fall off her chair and all of them said they had

- Parental settings can be a useful tool but it also comes down to teaching your children about the dangers and issues that they may face during their online activities

- You serve as an example for your children so be careful what you post on your social sites

- Some sites to be wary of: Kik (no, no, no!), ask.fm (same as kik), vine (be careful who follows) which is the same as Snapchat and Instagram

- Avoid live streaming sites as they have no regulatory body or rules (Ex: Chat roulette)
- Need to discuss with our children the following:
    - Criminal behaviour/record means no passport to travel
    - Can affect future jobs (employees search your online activity)
    - Reputation impacts
    - Luring potential
    - Viral Infamy
    - Addictions around gaming and internet
    - Victimization (cyber-bullying falls here)
    - Lack of face to face skills
    - Your ordinary pictures can be copied and posted to XXX sites
    - Kids need to understand what it means to 'know them' as right now they think if the person is a friend of a friend of a friend… they know them
- Youth are using social media to find a sense of belonging but they are not understanding the risks involved
- Make the settings on your social media sites and apps (like Facebook) as tight as possible and check them for changes every month or so because when you update things your settings can be undone
- When your location settings are on, the GPS info is embedded in the pictures that you take. These should be off on all of your sites!
- Do not use your full name on social media sites
- When you share personal information, pictures, videos online you are giving too much information to people you don't know that can put you at risk
- Teach kids not to do online what they wouldn't do in person
- Teach kids not to share stories that aren't theirs to tell (gossiping for example)
- Warning questions to teach your children about:

- If other's ask them if they have their own device (computer, IPod, phone, etc.)
    - Offers them bribes, gifts, jobs, etc.
    - Pays them lots of compliments
    - Claim to be in an emergency situation and they need help immediately
    - Threaten or intimidate  (need to explain this well as it's a fairly grey area)
    - Gradually introduce sexual content
    - Ask them to send private information, pictures, videos
- Show kids the  "kids read mean tweets video"
- Cyber bullying includes:
    - Mean or threatening messages
    - Posting embarrassing pics or videos of others
    - Creating websites or pages where the goal is to make fun of or put others down
    - Pretending to be someone you are not and sending messages in their name
    - Trick someone into revealing personal information or provide a picture/video to spread around to others
- Good read on the market right now for teens is "13 reasons why"
- Teach children the idea of 'you are so much more than 1 part of your body or that 1 thing about you' concept
- We want youth to think about the consequences of their actions as things have a way of spreading online or getting out of hand or being taken the wrong way
- Bullies need to be held accountable
- Want our children to talk to us rather than hide their mistakes or questions from us
- Kids need to understand the difference between tattling and asking for help
- You can Google hidden vaults on most apps

- A parents phone can be set up to control all aspects of a child's phone with apple products
- What can you do as a parent:
    - Talk to your kids
    - Have date nights
    - Listen to what is happening in their world
    - Don't be afraid to intervene when needed
    - Set the expectations and the boundaries
    - Set aside technology free time
    - Familiarize yourself with what's out there
- Let your kids know that you know what is happening online as this makes you more credible
- Talk to your kids about 'backdoors' in games like Minecraft (the back door may be linked to a video that contains inappropriate content)
- When it comes to pornography, studies are finding that people who engage in this may not be able to 'get it up' or become aroused under ordinary circumstances (like when they are with a partner) because their brain registers discomfort in having another person present during their arousal
- There's a group in Edmonton called "Ladies man" that is geared towards 12-24 year old males that teach boys/males about how to treat women as they are working to fight female oppression
- There' s a good video on Netflix called Men, woman, and children (Adam Sandler is involved) that speaks to female oppression and gender roles, etc.
- Teach children the 'first responder' concept to bullying as not all children have the tools to be that first responder but they may have the tools to be the one who supports the first responder
- Julie will forward the inks that she uses in her presentation to the school so that parents may access it
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