

PERSPECTIVE

École Our Lady of Perpetual Help School

273 Fir Street – Sherwood Park, T8A 2G7 Tel: 780-467-563 Fax: 780-467-1786 <http://olphschool.eics.ab.ca>



FÉVRIER/FEBRUARY 2016



Prayer for February

Guide me, O Lord, in all the changes and varieties of the world; that in all things that shall happen, I may have an evenness and tranquility of spirit; that my soul may be wholly resigned to Thy divinest will and pleasure, never murmuring at Thy gentle chastisements and fatherly correction.

Amen.-- *Jeremy Taylor*

St. Valentine's Day



My dear friends let us love one another, since love is from God and everyone who loves is a child of God and knows God. 1 Jn. 4:7



RELIGIOUS CORNER

The 10th of February, Ash Wednesday, marks the beginning of Lent, which leads us to the most important season in the church calendar, Easter. During Lent all Catholics are called to examine their consciences in the light of faith to see where they have strayed from living, as God wants us to repent for these sins, and turn back to God. Lent is a prayerful time where we both seek forgiveness and try to be forgiving. The penitential nature of the season means that we encourage our students to join with us in giving up such luxuries as chocolate, television, the Internet, or pizza for the 40 days of Lent. These sacrifices help us remember and recognize Jesus' journey to Jerusalem where he is handed over, convicted, made to carry his cross, and finally put to death, his ultimate sacrifice for us.



Ash Wednesday Mass: February 10th, 9:30 am, 12:45 pm and 7:00 pm at OLPH Church.

Ash Wednesday Mass: February 10th, 9:15am at Arch Bishop Jordan Catholic School. Everyone is welcome.

Important Dates



- Feb 1 – Hot Lunch
- Feb 4 & 5 -Teacher's Convention – No School
- Feb 10 – All students and staff to attend 12:45 PM mass at OLPH Church
- Feb 11 – Hot Lunch
- Feb 12 – PD Day – No School
- Feb 15 – Family Day – No School
- Feb 17 – Silver Skate Festival
- Feb 18 – Hot Lunch
- Feb 24 – School Council Meeting 7:00 pm Library
- Feb 25 – Hot Lunch
- Feb 29 – Gr. 5 & 6 Sunridge Ski day
- Mar 1 – Gr. 4 Parent Info Night 6:30pm

SILVER SKATE FESTIVAL



For our winter "Carnaval" this year, all students will be heading to Silver Skate Festival at Hawrelak Park on Wednesday February 17th.

Remember to wear your hats, mitts and warm coats this day.

There will be ice castles, snow sculptures, and various other activities.

Open House at OLPH School for grade 4 parents from EPK School

We are offering a Grade 4 Parent Information Night for all parents of students who expect to go to OLPH School next September. It will be held on Tuesday, March 1st at 6:30 p.m.

OUTSTANDING SCHOOL FEES

Online Payments

Please go to the school website and click on PowerSchool – located under Quicklinks on the left hand side. Sign in using your PowerSchool Username and Password. Click on the student Fees – located on the left hand side. Please follow the instructions provided.

Cheque Payments

School fees can also be paid by cheque made payable to EICS at the school office.



TRANSPORTATION NEWS

Phone: 780-449-6480

Fax: 780-449-6481

Notes for riding and alternate bus

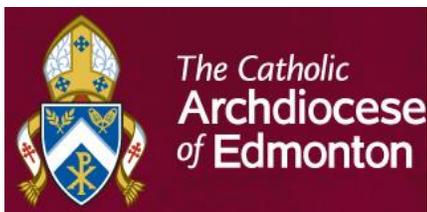
If you require your child to ride a different bus to or from school, you must send a note to the school one day prior to the day your child needs to ride a different bus. The school staff will sign/stamp the note which will then be given to the driver by your child. If a student does not have a note from their parent or guardian which has been signed/stamped by the school office, we cannot allow them to ride a different bus. If this is a long-term arrangement, you must contact the Transportation Department to make arrangements. **Note** – Several routes do not have capacity for extra riders. Students taking an alternate bus will be refused with a note signed by the school office.

Bus delays/cancellations

The Transportation Department communicates bus delays and cancellations on the EICS website and via the SynreVoice call out and email system. Please ensure your phone numbers and emails are correct at the school.

Sport For Life and Field Trips:

Students who are inappropriately dressed will be sent back into the school to get their jackets/warmer clothes. If shorts are required for the outing, please have them wear track pants over the shorts.



If you would like to receive a weekly update of events happening in the **Catholic Archdiocese of Edmonton**, subscribe to *Quid Novum* at communications@caedm.ca. It is a weekly, electronic newsletter of events taking place in the Catholic

Archdiocese of Edmonton.
<http://www.caedm.ca/quid-novum.aspx>

Counselor's Corner

Just like physical health, everyone has mental health.

EXPERIENCE POSITIVE SUPPORT AND CONNECTIONS WITH PEERS AND ADULTS

Adolescence is a unique time of rapid changes, growing up and figuring out 'who I really am'. Just like you can take care of your body by eating right and staying active, you can take care of your mind by doing things to keep it healthy. Mental health is about the way we feel about ourselves, what we do, how we think, and how we relate to others. It means being able to handle challenges and affect others in positive ways.

Connect... with others!

Connecting with people is good for your mental health. Healthy relationships provide support, enjoyment and a sense of belonging.

Making Connections: Connect with others by trying these activities as a family:

- Plan and create a healthy meal together
- Take your dog to an off leash area and meet someone new
- Knock on a neighbour's door and leave a treat
- Have a games night and invite people you know
- Remember your neighbour's names and say hi to them
- Attend free activities in your community

Remember: Encourage and support youth as they find new ways to connect with the people around them.

Ideas for a French Immersion Family

Super Tips for Computers in French

- ❑ Use a French keyboard or Microsoft Word in French (Alt-Shift to toggle)
- ❑ <http://bonpatron.com/> (corrects a French phrase/essay)
- ❑ <http://www.google.ca/> (in FRENCH!)
- ❑ <http://www.radio-canada.ca/index.shtml> (Radio-Canada Jeunesse)
- ❑ <http://www.wordreference.com/> (dictionary of languages)
- ❑ federal government websites (Statistics Canada, Parks Canada. etc.)
- ❑ and just for FUN!!! <http://tetesacques.tv>

Mission Statement

École OLPH School is committed to quality Catholic education in both official languages.



Administrative Procedure 007 - Transportation

WINTER APPAREL REQUIREMENT FOR RIDING SCHOOL BUSES

Background

The Division believes that the safety of students transported on school buses will be enhanced if students are required to wear proper apparel during winter months. (November 1 – March 31)

Procedures:

1. In order to enhance the safety for students transported on school buses during winter months, students shall be required to wear appropriate winter footwear and outerwear and to carry with them suitable winter headwear and gloves/mitts.
2. Parents are responsible to ensure that the students are dressed appropriately for the weather conditions of the day.
3. All students riding on school buses or other Board-approved vehicles during winter months shall be required to wear/have available winter footwear, outerwear, headwear and gloves/mitts.
4. Bus drivers are to use their discretion in determining the suitability of the student's clothing for the weather conditions.
5. If a student presents him/herself at a morning pick-up and is not properly dressed, the bus driver shall pick up the student and, upon arrival at the school, the driver will complete a misconduct report identifying the problem and submit it to the Principal.
6. The Principal shall contact the parent of the student immediately to request that the student be properly dressed in future and to advise that, if the cooperation of the parent and student is not received, school bus transportation may be suspended. Once suspended, bus riding privileges shall only be reinstated if the student adheres to the winter dress procedure.
7. If, after the action noted in Procedure 6 has taken place, a student presents his/herself at a morning pick-up inadequately dressed, the driver is to take the student to school and report, in writing, the situation to the Principal, who will further suspend the student from riding the bus and possibly recommend the student be expelled from riding the bus for a period of time in excess of five (5) school days.

Reference: Section, 25, 45, 51, 52, 60, 61, 113, 117 School Act
Traffic Safety Act
School Bus Operation Regulation
Student Transportation Regulation 250/98 (amended AR 197/2000)

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