



École Our Lady of Perpetual Help School

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June 12, 2020

Dear Grade 4 & 5 parents:

We are pleased to offer exciting options that will enhance our students' education at OLPH through sports-related, technology, healthy eating, construction, or creativity courses.

Attached are the descriptions for the option courses for the **grade five and six** students at École OLPH Catholic School during the **2020/2021** school year.

If your child is enrolled in Sport for Life or Performing Arts they will have no other options available to them in their schedule so please disregard this information.

Course requests will be submitted online via your Parent PowerSchool account starting **June 15, 2020 at 10:30 a.m.** It is important to register as these courses fill up quickly. The PowerSchool program has almost always been able to provide students with their top two choices for options. However, when completing course requests you will also be asked to pick two alternate options. This selection may be scheduled if timetabling conflicts prevent your top two preferences from being met.

Many classes have a budget, which is created by the teacher based on enrollment numbers. As a result, we ask that parents and students choose their options carefully as changes will not be able to be made once the following school year has begun. *All option course fees will be collected at the beginning of the school year to cover any field trips/outings/materials.*

The cost of each option is listed in the document below. These fees will become available for payment through PowerSchool at the beginning of the 2020/2021 school year.

If you require further information, please feel free to contact us at the school.

Sincerely,

M. Alyre Morin
Directeur/Principal

M. Marc St.Jean
Directeur-adjoint/Assistant Principal

Fine Art Courses- Grade 5 and 6 (semester course)

School of Rock ~ Course Fee: Free

With an emphasis on skill development and performance, students will explore the history of rock and pop music in a group band setting. Whether through singing, guitar, bass guitar, keyboards, drums, percussion, laptops, midi interfaces, or orchestral instruments, students will learn about common/popular chord progressions, music technology, songwriting, and how to be rock stars in this class and in life. Students will learn about music as it relates to societal change while also learning classic and contemporary rock and pop songs with the goal of recording and/or performing songs for an audience. Roles will be assigned based on student skills and interest. Small and large group projects will be possible depending on the number of students and repertoire will be selected based on student input.

Drama ~ Course Fee: \$15

Students will engage in various dramatic activities including melodramas, monologues, improvisation, games, skit-building and other small theatrical activities. Students will learn how to use their voice, facial expressions, body positions and body movements to convey emotion and meaning. Emphasis will be placed on learning trust and teambuilding skills; which will further encourage students to step outside of their comfort zone in a safe and welcoming environment. Students will gain self-confidence, entertain and have fun as they explore different mediums of dramatic expression.

Sports Courses- Grade 5 and 6 (semester course)

Sports Experience ~ Course Fee: Free

The purpose of the Sports Experience Course is to provide student athletes an opportunity to learn a wide variety of knowledge, skills and attitudes through non-traditional sporting endeavours. Students will have exposure to activities such as Quidditch, Spikeball, and Kinball. The students will also have the opportunity to invent their own game which will be played in class. Throughout the course, students will learn about sport development and performance evaluation techniques, as well as develop their interpersonal and leadership skills through group work and participation.

Technology Related Courses- Grade 5 and 6 (semester course)

Media Arts ~ Course Fee: \$30

Students in this option will explore various ways to create video productions. Some areas they explore are photography, stop-motion videos (people and miniatures) and green screening. Students also create their own cartoon animation (frame by frame) and experiment with photo editing by superimposing images. Using all these skills, students are able to create projects such as short films, a magazine cover and other various forms of visual art.

Construction ~ Grade 5 and 6 (semester course)

Construction ~ Course Fee \$40

Do you have tools in the garage collecting dust? Have you ever wondered how something was made? Have you ever tried to build something, only to have it fall apart? This course is an introduction to hand tools. You will begin by learning the importance of safety while in the shop. Once you have mastered the safety component, you will learn how to measure, mark out, and build various projects. You will use mostly hand tools, but will also be introduced to some hand power tools as well. Maybe you can take what you learn and dust off those tools in the garage at home.

Foods- Grade 5 and 6 (semester course)

Healthy Eating ~ Course Fee \$40

Snacks: Have you ever been really hungry? How about Hangry? This class is designed to help students explore and learn basic kitchen skills while preparing a variety of recipes in our kitchen facilities. That's right, you won't need to wait for mom and dad anymore. You will learn the skills to turn your hanger into happiness.