



# *École Our Lady of Perpetual Help School*

273 Fir Street, Sherwood Park, Alberta T8A 2G7  
Tel.: (780) 467-5631 Fax: (780) 467-1786 Web Site: <http://olphschool.eics.ab.ca>

**June 18, 2019**

**Dear Grade 6 & 7 parents:**

We are pleased to offer exciting options that will enhance our students' education at École OLPH through sports-related, technology or creative courses. As well, École OLPH students will have the opportunity to participate in a Foods class, as well as, a Fabrications class for the first time at École OLPH, with the construction of our new Foods and Construction labs!

Attached are the descriptions for the complementary courses for the **grade seven and eight** students at École OLPH Catholic School during the **2019 – 2020** school year.

Any Grade 7 English stream students who are not enrolled in the Sport For Life (SFL) or Performing Arts (PA) programs will have the choice of 3 options per semester for a total of six options during the school year. Any Grade 7 English stream students who are enrolled in the SFL or PA programs will only be able to choose 2 additional options, one per semester, during the school year. (See the charts below for further clarification)

Any Grade 7 & 8 French Immersion stream students who are not enrolled in the SFL will have the choice of 2 options per semester for a total of four options during the school year. Any Grade 7 & 8 French Immersion stream students who are enrolled in SFL or PA programs will have no other options available to them. (See the charts below for further clarification)

Course requests will be submitted online via your Parent PowerSchool account starting **June 19, 2019 at 8:30 a.m.** It is important to register as these courses fill up quickly. The PowerSchool program has almost always been able to provide students with their top two choices for options. However, when completing course requests you will also be asked to pick an alternate option. This selection may be scheduled if timetabling conflicts prevent your top two preferences from being met.

Many classes have a budget, which is created by the teacher based on enrollment numbers. As a result, we ask that parents and students choose their options carefully as changes will not be able to be made once the following school year has begun. *All option course fees will be collected at the beginning of the school year to cover any field trips/outings/materials.*

The cost of each option is listed in the document below. These fees will become available for payment through PowerSchool at the beginning of the 2019/2020 school year.

If you require further information please feel free to contact us at the school.

Sincerely,

M. Alyre Morin  
Directrice/Principal

M. Marc St.Jean  
Directeur-adjoint/Assistant Principal

## Grade 7 ~ English Students -Students enrolled in SFL or Performing Arts

Choose 1 option per semester for a total of 2 options from the chart below

Choose 2 from the Options Below
<ul style="list-style-type: none"><li>● Painting / Art</li><li>● Foods (Semester 2 only)</li><li>● Construction (Semester 1 only)</li><li>● Digital Arts</li></ul>

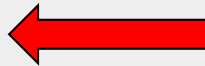
When choosing your options, please go to Track 1. (see below)

### Welcome to the École Our Lady of Perpetual Help Catholic School Class Registration System for 2019-2020

Welcome to Ecole Our Lady of Perpetual Help for 2019-2020. With the inclusion of English programming and with our new Performing Arts and Sport for Life programs, there are now multiple tracks available for you to choose from. In the course request screens below, please select "Course or Track Not Applicable" in each of the tracks NOT describing your registration, then complete your options requests in the appropriate track.

View course requests

Grade 7 Core Courses	Language Arts 7	Homeroom 7	Math 7	Religion 7	Science 7	Social Studies 7	
Number of requests to generate : 1	ELA7100 - 0 credits	HOM7010 - 0 credits	MAT7110 - 0 credits	REL7000N - 0 credits	SCN7140 - 0 credits	SS77250 - 0 credits	
<b>Grade 7 French Immersion</b>	Click the edit button to request a course =>						
If your student is in the French Immersion program, please select French Language Arts below Number of requests to generate : 1							
<b>Track 1 - English student taking Performing Arts or Sport for Life</b>	Click the edit button to request a course =>						
Track 1 - English student taking Performing Arts or Sport for Life. If this is the track you are pursuing, please select the appropriate program and 2 more options from the list below. Number of requests to generate : 1							
<b>Track 2 - English Student not taking Performing Arts or Sport for Life</b>	Click the edit button to request a course =>						
Track 2 - English Student not taking Performing Arts or Sport for Life. If this track is applicable, please select 6 options from the list below. Number of requests to generate : 1							
<b>Track 3 - French Student taking Performing Arts or Sport for Life</b>	Click the edit button to request a course =>						
Track 3: French Student taking Performing Arts or Sport for Life. If this track is applicable, please select							



## Grade 7 ~ English Students ~ Not enrolled in SFL or PA programs

The English 7 students not enrolled in SFL or PA will be able to choose 3 options per semester for a total of 6 options from the chart below.

Choose 6 from the Options Below
<ul style="list-style-type: none"><li>● Painting / Art</li><li>● Sports Performance</li><li>● Outdoor Education</li><li>● Robotics 1 (Semester 2 only)</li><li>● Robotics 2 (Semester 1 only)</li><li>● Media Arts</li><li>● Leadership</li><li>● Food</li><li>● Construction</li><li>● French as a Second Language (FSL 7)</li></ul>


Please pick Track 2 when selecting your options. **Please note that Sports Performance is located on the second page of options!**

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View course requests

<b>Grade 7 Core Courses</b> Number of requests to generate : 1	Language Arts 7 ELA7100 - 0 credits	Homeroom 7 HOM7010 - 0 credits	Math 7 MAT7110 - 0 credits	Religion 7 REL7000N - 0 credits	Science 7 SCN7140 - 0 credits	Social Studies 7 SST7250 - 0 credits	
<b>Grade 7 French Immersion</b> If your student is in the French Immersion program, please select French Language Arts below Number of requests to generate : 1	Click the edit button to request a course =>						
<b>Track 1 - English student taking Performing Arts or Sport for Life</b> Track 1 - English student taking Performing Arts or Sport for Life. If this is the track you are pursuing, please select the appropriate program and 2 more options from the list below. Number of requests to generate : 1	Click the edit button to request a course =>						
<b>Track 2 - English Student not taking Performing Arts or Sport for Life</b> Track 2 - English Student not taking Performing Arts or Sport for Life. If this track is applicable, please select 6 options from the list below. Number of requests to generate : 1	Click the edit button to request a course =>						
<b>Track 3 - French Student taking Performing Arts or Sport for Life</b> Track 3 - French Student taking Performing Arts or Sport for Life. If this track is applicable, please select	Click the edit button to request a course =>						



## Grade 7 & 8 ~ French Immersion Students ~ Not Enrolled in SFL or PA programs

Choose 2 options per semester for a total of 4 option choices as per the chart below.

Choose 4 from the Options Below
<ul style="list-style-type: none"><li>● Painting / Art</li><li>● Sports Performance</li><li>● Outdoor Education</li><li>● Robotics 1 (Semester 2 only)</li><li>● Robotics 2 (Semester 1 only)</li><li>● Media Arts</li><li>● Leadership</li><li>● Food</li><li>● Construction</li></ul>

Please go to Track 4 when making your selections! **Please note that Sports Performance is located on the second page of options!**

Grade 7 Core Courses	Language Arts 7	Homeroom 7	Math 7	Religion 7	Science 7	Social Studies 7	
Number of requests to generate : 1	ELA7100 - 0 credits	HOM7010 - 0 credits	MAT7110 - 0 credits	REL7000N - 0 credits	SCN7140 - 0 credits	SST7200 - 0 credits	
<b>Grade 7 French Immersion</b>	Click the edit button to request a course ⇒						
If your student is in the French Immersion program, please select French Language Arts below Number of requests to generate : 1							
<b>Track 1 - English student taking Performing Arts or Sport for Life</b>	Click the edit button to request a course ⇒						
Track 1 - English student taking Performing Arts or Sport for Life. If this is the track you are pursuing, please select the appropriate program and 2 more options from the list below. Number of requests to generate : 1							
<b>Track 2 - English Student not taking Performing Arts or Sport for Life</b>	Click the edit button to request a course ⇒						
Track 2 - English Student not taking Performing Arts or Sport for Life. If this track is applicable, please select 6 options from the list below. Number of requests to generate : 1							
<b>Track 3 - French Student taking Performing Arts or Sport for Life</b>	Click the edit button to request a course ⇒						
Track 3: French Student taking Performing Arts or Sport for Life. If this track is applicable, please select the appropriate programs below. Number of requests to generate : 1							
<b>Track 4 - French Student not taking Performing Arts or Sport for Life</b>	Click the edit button to request a course ⇒						
Track 4: French Student not taking Performing Arts or Sport for Life. If this track is appropriate, please select the French Immersion Program plus 4 options from the list below. Number of requests to generate : 1							



## **Grade 7 & 8 ~ French Immersion Students ~ Enrolled in SFL or PA programs**

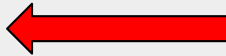
All French Immersion students enrolled in Sport For Life or Performing Arts will have no other options available to them. Please go to Track 3.

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<b>Grade 7 French Immersion</b> Click the edit button to request a course ⇒ If your student is in the French Immersion program, please select French Language Arts below Number of requests to generate : 1							
<b>Track 1 - English student taking Performing Arts or Sport for Life</b> Click the edit button to request a course ⇒ Track 1 - English student taking Performing Arts or Sport for Life. If this is the track you are pursuing, please select the appropriate program and 2 more options from the list below. Number of requests to generate : 1							
<b>Track 2 - English Student not taking Performing Arts or Sport for Life</b> Click the edit button to request a course ⇒ Track 2 - English Student not taking Performing Arts or Sport for Life. If this track is applicable, please select 6 options from the list below. Number of requests to generate : 1							
<b>Track 3 - French Student taking Performing Arts or Sport for Life</b> Click the edit button to request a course ⇒ Track 3 - French Student taking Performing Arts or Sport for Life. If this track is applicable, please select the appropriate programs below. Number of requests to generate : 1							



## ***Fine Arts Courses- Grade 7 and 8 (Semester Course)***

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### **Painting/Art ~ Course Fee \$40**

This course focuses on three major components of visual learning: *Drawings* (the way we record visual information and discoveries), *Compositions* (the way images are put together to create meaning) and *Encounters* (where we meet and how we respond to visual imagery). Students will have many opportunities to draw, paint and sculpt in various media. The program is further designed to allow students to be creative, to develop skills and knowledge, and to develop appreciation and respect for the artistic efforts of others.

## ***Foods Courses- Grade 7 and 8 (Semester Course)***

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### **Foods ~ Course Fee \$75**

Welcome to the world of food studies! Work in École OLPH's top notch kitchen facilities on basic techniques in food preparation, kitchen techniques and basic baking practices.

### **Construction ~ Course Fee \$75**

Woodworking, screen printing and more await you in our first class École OLPH Construction Fabrication Lab.

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## ***Sports-Related Courses- Grade 7 and 8 (Semester Course)***

### **Sports Performance ~ Course Fee \$150**

The purpose of the Sports Performance Course is to provide student athletes an opportunity to learn a wide variety of knowledge, skills and attitudes that support the maximization of physical, social, cultural and emotional potential through lifelong, non-traditional sporting endeavours. Students will have exposure to activities such as Scuba diving, Swimming, Water Polo, Fencing, Taekwondo, Zumba etc.

Through a combination of theory and practical exposure, students enrolled in the course will learn about sport development through the study of:

1. Current training principles
2. Performance enhancement tools
3. Sport injuries as they apply to the athlete
4. Performance evaluation techniques
5. Personal and group development through leadership skills and volunteerism

The course fee includes the cost of admission, use of facilities, instructors and transportation to facilities

## **Outdoor Education ~ Course Fee \$150**

**Field trips include: Shelter Building, Cross-Country Skiing/Snowshoeing, Team Building, Navigation, Wall Climbing, and Archery.**

The Junior High Outdoor and Environmental Education class is composed of six main course elements:

1. Commitment to Action – Encourage responsibility for the local and global environment
2. Outdoor Expeditions – Learn the skills, judgement, confidence and sensitivity in outdoor settings
3. Environmental Investigations – Investigations regarding the effects of human lifestyles on environments
4. Outdoor Core – Learn the skills and attitudes necessary for a safe, comfortable outdoor experience in all seasons
5. Personal and Group Development – understand and respect self and others
6. Environmental Core – awareness and appreciation for living things and understanding of basic ecological processes

## **Technology and Career-Related Studies (Semester Course)**

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### **Robotics 1 (Semester 2 only) ~ Course Fee: Free**

Based on the Electro-Assembly CTS curriculum, students will be delving into the world of robotics through the First Lego-League's Robotics for Youth. In **FIRST LEGO League** (FLL), students are immersed in real-world science and technology challenges. Teams design their own solution to a current scientific question or problem and build autonomous LEGO robots that perform a series of missions. Through their participation, children develop valuable life skills and discover exciting career possibilities while learning.

### **Robotics 2 (Semester 1 only) ~ Course Fee: \$25**

Robotics 2 is a continuation of Robotics 1. Students will work all semester on different challenges and on a research project in order to participate in the First Lego League competition at NAIT in January.

FIRST Lego League (FLL) competition will introduce younger students to real-world engineering challenges by building LEGO-based robots to complete tasks on a thematic playing surface. FLL teams, guided by their imaginations and adult coaches, discover exciting career possibilities and, through the process, learn to make positive contributions to society. Participating students get to:

- Design, build, test and program robots using LEGO MINDSTORMS® technology
- Apply real-world math and science concepts
- Research challenges facing today's scientists
- Learn critical thinking, team-building and presentation skills. What FLL teams accomplish is nothing short of amazing. It's fun! It's exciting! And the skills they learn will last a lifetime!

### **Media Arts ~ Course Fee \$40**

Students in Media Arts will learn to use all the different aspects of computers as used in today's multimedia environment. Emphasis will be placed on: **Graphic Arts**—Students will work with several graphic arts programs to develop their own computer art and to manipulate existing art to different media designs and functions. **Video Making**—Students will learn the aspects of video development and creation by developing their own video from beginning to end. **Simple Animation**—Simple animations will be created using freely available software.

\*This course content may vary slightly, once the teacher is determined for the course.

### **Leadership ~ Course Fee \$Free**

Leadership is an option that students will gain skills in becoming a leader. Students will have the opportunity to explore what leadership means within a school context and gain skills that will set them up for success. An important aspect of being a leader is to help others by displaying empathy for their circumstances and being able to provide support without letting such circumstances impact the helper/leader. This course encourages students to be confident, supportive, and positive in our school.

### **French As a Second Language - Course Fee - \$15**

Students will engage in various language activities, grammar and tasks. Using games, oral-based activities and word associations, students will be able to read, comprehend and speak fluently and spontaneously.