



École Our Lady of Perpetual Help School

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Le jeudi 24 mai, 2018

Chers parents de la 6^{ème} et 7^{ème} année:

We are pleased to offer exciting options that will enhance our students' bilingual education at École OLPH through sports-related, technology or creative courses. As well, OLPH students will continue to participate in CTS options at Holy Spirit with Fabrication, Foods and our Band program. Our **proudest** option, remains our French Immersion Program in a faith-centered Catholic school. Merci for your support in second language learning!

Attached are the descriptions for the complementary courses for the **grade seven and eight** students at École OLPH Catholic School during the **2018 – 2019** school year.

Course requests will be submitted online via your Parent PowerSchool account starting **May 31, 2018**. It is important to register as these courses fill up quickly. The PowerSchool program has almost always been able to provide students with their top two choices for options. However, when completing course requests you will also be asked to pick an alternate option. This selection may be scheduled if timetabling conflicts prevent your top two preferences from being met.

Many classes have a budget, which is created by the teacher based on enrollment numbers. As a result, we ask that parents and students choose their options carefully as changes will not be able to be made once the following school year has begun.

The cost of each option is listed on the document below. These fees will become available for payment through PowerSchool when scheduling is complete.

If you require further information please feel free to contact us at the school.

Sincerely,

M. Alyre Morin
Directrice/Principal

M. Marc St.Jean
Directeur-adjoint/Assistant Principal

Fine Arts Course- Grade 7 and 8

Musical Theater (full year option)

Students will put to the test their singing, dancing and acting skills in performing a bilingual Musical at the end of the school year. Students will be in Musical Theater for the whole year, therefore will not be able to take 2 different options. Students will also be creating and building the set. The play will be chosen at the beginning on the school year, depending on the number of students enrolled.

Cost: \$50.00

Painting/Art (1/2 year option)

This course focuses on three major components of visual learning: *Drawings* (the way we record visual information and discoveries), *Compositions* (the way images are put together to create meaning) and *Encounters* (where we meet and how we respond to visual imagery). Students will have many opportunities to draw, paint and sculpt in various media. The program is further designed to allow students to be creative, to develop skills and knowledge, and to develop appreciation and respect for the artistic efforts of others.

Cost: Free

Sports-Related Courses- Grade 7 and 8

Sports Performance (1/2 year option)

The purpose of the Sports Performance Course is to provide student athletes an opportunity to learn a wide variety of knowledge, skills and attitudes that support the maximization of physical, social, cultural and emotional potential through lifelong, non-traditional sporting endeavours. Students will have exposure to activities such as Scuba diving, Swimming, Water Polo, Fencing, Taekwondo, Zumba etc. Through a combination of theory and practical exposure, students enrolled in the course will learn about sport development through the study of:

1. Current training principles
2. Performance enhancement tools
3. Sport injuries as they apply to the athlete
4. Performance evaluation techniques
5. Personal and group development through leadership skills and volunteerism

Cost: \$150.00 (includes cost of admission, use of facilities, instructors and transportation to facilities)

Outdoor Education (1/2 year option)

Field trips include: Shelter Building, Cross-Country Skiing/Snowshoeing, Team Building, Navigation, Wall Climbing, and Archery.

The Junior High Outdoor and Environmental Education class is composed of six main course elements:

1. Commitment to Action – Encourage responsibility for the local and global environment
2. Outdoor Expeditions – Learn the skills, judgement, confidence and sensitivity in outdoor settings
3. Environmental Investigations – Investigations regarding the effects of human lifestyles on environments
4. Outdoor Core – Learn the skills and attitudes necessary for a safe, comfortable outdoor experience in all seasons
5. Personal and Group Development – understand and respect self and others
6. Environmental Core – awareness and appreciation for living things and understanding of basic ecological processes

Cost: \$150 *Fee will be collected at beginning of school year to cover any field trips/outings/materials. A letter will be sent home to parents indicating the costs once the schedule has been finalized.*

Technology

Robotics 1 (Semester 2 only)

Based on the Electro-Assembly CTS curriculum, students will be delving into the world of robotics through the First Lego-League's Robotics for Youth. In **FIRST LEGO League** (FLL), students are immersed in real-world science and technology challenges. Teams design their own solution to a current scientific question or problem and build autonomous LEGO robots that perform a series of missions. Through their participation, children develop valuable life skills and discover exciting career possibilities while learning.

Cost: Free

Robotics 2 (Semester 1 only)

Robotics 2 is a continuation of Robotics 1. Students will work all semester on different challenges and on a research project in order to participate in the First Lego League competition at NAIT in January.

FIRST Lego League (FLL) competition will introduce younger students to real-world engineering challenges by building LEGO-based robots to complete tasks on a thematic playing surface. FLL teams, guided by their imaginations and adult coaches, discover exciting career possibilities and, through the process, learn to make positive contributions to society.

Participating students get to:

Design, build, test and program robots using LEGO MINDSTORMS® technology

Apply real-world math and science concepts

Research challenges facing today's scientists

Learn critical thinking, team-building and presentation skills. What FLL teams accomplish is nothing short of amazing. It's fun. It's exciting. And the skills they learn will last a lifetime.

Cost: Free

Media Arts (1/2 year option)

Students in Media Arts will learn to use all the different aspects of computers as used in today's multimedia environment. Emphasis will be placed on: ***Graphic Arts***—Students will work with several graphic arts programs to develop their own computer art and to manipulate existing art to different media designs and functions. ***Video Making***—Students will learn the aspects of video development and creation by developing their own video from beginning to end. ***Simple Animation***—Simple animations will be created using freely available software.

*This course content may vary slightly, once the teacher is determined for the course.

Cost: \$35

In addition, all Junior High students will be enrolled in CTS classes at Holy Spirit School. Students can choose between the following classes (one per semester) or Band (from Sept. to June).

CTS at Holy Spirit School:

_____ **CTS Foods** Welcome to the world of food studies! Work in Holy Spirit's top notch kitchen facilities on basic techniques in food preparation, kitchen techniques and basic baking practices.

_____ **CTS Fabrication** Woodworking, screen printing and even welding await you in our first class Construction Fabrication Lab.

(\$81.50 for both option)

Or

_____ **Band (All year long)** The Junior High Instrumental Music Program is a program designed as a sequential and developmental approach to music instruction within a concert band environment

\$100 Fee + the cost of the instrument rental which is around \$100